

# Standing in a Bubble

## Materials:

- Small plastic swimming pool
- Cinder Block
- Hula hoop wrapped in yarn
- Bubble solution (enough to fill the pool about 4" deep)

*Tip: This activity is most suitable to be done outside. Before the activity begins, fill the tub with about 4" of bubble solution and then carefully place the cinder block in the center of the pool. Prepare your hula hoop by wrapping with yarn and place it in the pool to soak.*

## What to do:

Review the following safety precautions before beginning:

- Do not climb onto or off of the cinder block without the help of an adult
- Stand very still while in the pool
- Sit quietly and watch the others until it is your turn

Invite the children outside. Have them sit somewhere near the pool of bubble solution. Ask them what they think it would be like to be inside a bubble, then inform them they will get to find out today!

Allow one child at a time to come up to the pool. Have an adult on each side of the pool. Once the child is safely on the cinder block, ask the child to stand still with their hands to their sides. The volunteers should wet their hands in the bubble solution and pick up the hula hoop. On the count of three, the volunteers should lift the hula hoop around the child, which will surround them in a bubble!

